



Dance Academy  
of Virginia

ACADEMY SPRING CONCERT 2023  
**PARENT HANDBOOK**

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**WHAT:** Join the Dance Academy of Virginia for our Annual Academy Spring Concert this June!

**WHEN:** June 10th Academy Spring Concert Dress Rehearsal & Performance

**WHERE:** KENMORE MIDDLE SCHOOL 200 S Carlin Springs Road, Arlington, Virginia 22204

**WHO:** All Dance Academy of Virginia friends and families

You can also visit our [website](#) for information.



### Important Parking Information:

Parking at Kenmore Middle School is limited. Additional parking is available on the grass and side streets next to the main parking lot.

We recommend taking one car per family if possible.

To ensure smooth transitions between performance groups, we ask when leaving the parking lot to turn **RIGHT** onto Carlin Springs Road.

## Academy Spring Concert - Show Lineup

**DRESS REHEARSAL:** Saturday, June 10th, 2023 // Kenmore Middle School

3:30pm ARRIVAL FOR ALL ACADEMY DANCERS

4:00-6:30pm Dress Rehearsal

**PERFORMANCE:** Saturday, June 10th, 2023 // Kenmore Middle School

7:00-8:30pm Performance for ALL ACADEMY DANCERS

*Review the list below to locate your dancer's class. Unsure which class they are in? You can log into your [Parent Portal](#) to view their class schedule.*

Class/Group	Style	Title of Piece	Teacher
<b>All</b> Academy Ballet Classes	Ballet	Dream Scene from Don Quixote	Ms. Katy & Ms. Jessie
Tap Academy D	Tap	H.S.K.T.	Ms. Deidra
Competition Duet	Jazz	I Will Survive	Ms. Jessie
Advanced Academy I/II	Contemporary	Rome	Ms. Candra
Tap Competition Duet	Tap	Opposites Attract	Ms. Deidra
Competition Duet	Musical Theater	Sisters	Ms. Sarah Beth
Competition Group	Jazz	Sway	Ms. Jessie
Tap Competition Group	Tap	Tango for a Spy	Ms. Deidra
Competition Duet	Contemporary	Haunted House	Ms. Sarah Beth
Advanced Academy I Jazz	Jazz	This Will Be	Ms. Sarah Beth
Tap Academy A	Tap	Let's Groove Tonight	Ms. Diedra

## Academy Spring Concert- Show Lineup (Continued)

<b>Class/Group</b>	<b>Style</b>	<b>Title of Piece</b>	<b>Teacher</b>
Advanced Academy II Jazz	Jazz	Something's Got a Hold on Me	Ms. Jessie
Competition Duet	Contemporary	Bang Bang	Ms. Sarah Beth
Charlotte	Maleski	Senior	Solo
Kayla	Markham	Senior	Solo
<b>Intermission</b>	<b>Intermission</b>	<b>Intermission</b>	<b>Intermission</b>
Competition Group	Contemporary	Home	Ms. Candra
Tap Competition Duet	Tap	Conga	Ms. Deidra
Academy A/B Jazz	Jazz	It's Raining Men	Ms. Sarah Beth
Competition Group	Contemporary	Confessions	Ms. Sarah Beth
Tap Competition Group	Tap	Heartbreaker Bounce	Ms. Deidra
Competition Group	Musical Theater	She's In Love	Ms. Jessie
Tap Academy C	Tap	I Ain't Worried	Ms. Deidra
Competition Trio	Contemporary	Warpath	Ms. Sarah Beth
Pre-Academy Jazz/Lyrical	Jazz	Boogie Wonderland	Ms. Sarah Beth
Competition Group	Hip-Hop	Transform Ya	Ms. Jessie
Tap Academy B	Tap	Runway	Ms. Deidra

## Academy Spring Concert- Show Lineup (Continued)

<b>Class/Group</b>	<b>Style</b>	<b>Title of Piece</b>	<b>Teacher</b>
Competition Duet	Musical Theater	Stuff Like That There	Ms. Jessie
Academy A/B Contemporary	Contemporary	Constellations	Ms. Candra
Competition Trio	Contemporary	Fall In	Ms. Candra
Tap Competition Duet	Tap	Let's Get Loud	Ms. Deidra
Advanced Academy	Hip-Hop	Missy Mix	Ms. Jessie

## **Ticket Information:**

Tickets to *all* Performances will be sold through TuTuTix.

*The Dance Academy of Virginia will not be providing complimentary tickets to our Spring Concert this year.*

Two ticket options will be available for purchase:

**Child Ticket \$12:** Children ages 3-9 years will need a child ticket for entry.

*Children 2 years and under will be allowed to sit on their parents lap without a ticket.*

**Adult Ticket \$20:** Children ages 10 years and up will need an adult ticket for entry.

*\*the above prices **do not** include TuTuTix processing fees\**

**Performers do not need a ticket for the show they are performing in.** If your dancer would like to attend a show to support a sibling or friend and they are **not** performing in that show, they **will** need a ticket to be granted entry.

## **TICKET LIMITS:**

*There are no ticket limits for the Academy Spring Concert.*

**VIP Ticket Families:** Each family that purchased a VIP ticket package will receive **two complimentary tickets** to the show your dancer is performing in. See page 8 for VIP Package details.

- VIP ticket packages are **per dancer** not per family.
- VIP ticket packages are for **one** show only, not each show your dancer is performing in.



## **Ticket Sale Dates:**

### **VIP Ticket Package Holders:**

Tickets will go on sale for those who purchased a VIP Ticket Package: **March 27 – March 31st.**

VIP Ticket Package holders will receive an early access code and instructions via email so that you can access the VIP presale.

### **Ticket Sales Open to the Public:**

Tickets will go on sale for all Dance Academy families on **Monday, April 10th** and will continue until sold out.

### **VIP Ticket Package:**

- \$50
- Includes
  - VIP Ticket Presale
  - 2 Complimentary tickets
  - Limited Edition Recital T-shirt

***Interested in purchasing a VIP ticket package for your dancer? You can do so through this [LINK](#) until March 1, 2023.***



## Dress Rehearsal - Important Information:

- Dancers performing in the Academy Spring Concert will need to arrive at Kenmore Middle school **with their hair and makeup done no later than 3:30pm on SATURDAY, JUNE 10TH.**
  - Please arrive to the theater prepared to warmup.
- Dancers & Parents will be checked in with DAV staff and escorted to their assigned dressing room.
  - Dancers will need to bring all of their items (costumes, headpieces, shoes, tights, undergarments, etc.) with them into their dressing rooms.
- This is a **closed** dress rehearsal for dancers and DAV staff only.
- The dress rehearsal will begin promptly at **4:00pm** and last until approximately **6:30pm.**



## Performance - Important Information:

- The Academy Spring Concert will be held on **SATURDAY, JUNE 10TH from 7:00-8:30pm.**
- DAV will have each dressing room staffed and monitored by DAV Staff. Parents will not be permitted to remain in the dressing rooms with their dancer.
- Auditorium doors will open for parents and guests to find their seats at 6:45pm.

## What to Bring to Your Dancer's Dress Rehearsal & Performance:

- Arrive with your hair and makeup done
- Costume for **every class** you are performing in
- Headpieces for **every costume**
- Dance bag packed with:
  - Extra pair of tights
  - Extra hair ties
  - A hair brush
  - Extra hair pins
  - Extra hair spray/hair gel
  - Appropriate shoes for your dancer's performance(s).
  - Non-spill water bottle. **(Only water will be permitted in the dressing rooms. Juices and sodas will not be allowed.)**
  - Mess free, nut free snack. **We recommend pretzels.**

***Please make sure that all of your items are clearly labeled with your dancer's name. DAV is not responsible for and lost or missing items at Dress Rehearsal or recital.***

Dress Rehearsal & Performance – What **NOT** to bring:

- Toys of any kind
- Electronics
- Liquids that are not water
- Messy snacks (anything that leaves a residue, that can stain, or requires refrigeration)



# Ballet Hair, Makeup, Shoes & Tights Guide

## Hair:

- Hair for all ballet dancers should be pulled back in a slicked back bun that is secured with hair pins and a hairnet. The bun should sit centered in the middle of the back of the dancer's head.
  - **Need a few tips? Watch this [Ballet Bun Tutorial](#).**
- Be sure that the hair ties, hair pins, and hair net match your dancer's hair color. DAV does not recommend the use of bun molds such as the donut as these do not secure to the dancer's head properly and may fall out.
- Headpieces that were provided to each dancer in their costume bags should be attached to the right side of the dancer's bun using bobby pins that match the dancer's hair color.
- If your dancer's headpiece has a hairclip attached to it, please reinforce the headpiece with bobby pins.
- If your dancer's costume came with a crown attached to a hair comb, the headpiece should be secured to the top center of the dancer's head using the hair comb attached. Please reinforce the comb with bobby pins that match the dancer's hair color.

## Makeup:

- Competition makeup required. *(More details coming soon).*

## Shoes:

- Well-fitting **pink** ballet shoes that are free of stains, rips, or holes.

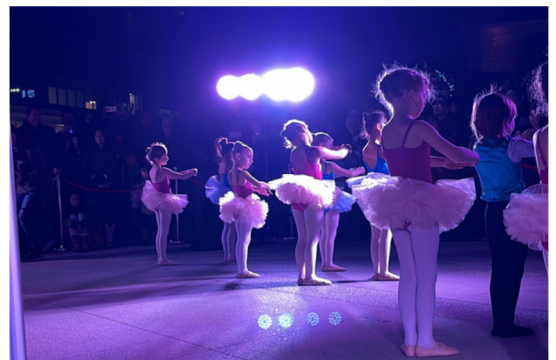
## Tights:

- Well-fitting **pink** tights that are free of stains, rips or holes.

## Undergarments:

- All dancers **must** wear a nude leotard with clear straps under their costumes for quick changing purposes. Dancers will be changing in their designated dressing rooms not the bathrooms.

***Need an item for your dancer's performance? You can purchase the required tights & shoes through our [ONLINE STORE](#)***



# Jazz, Contemporary, and Tap Hair, Makeup, Shoes & Tights Guide

## Hair:

- All Jazz, Contemporary and Tap dancers: hair should be pulled back in a slicked back low ponytail with a center part that is secured with a hair tie that matches the dancer's hair color.
  - **Need a few tips? Watch this [Low Ponytail Tutorial](#).**
- Headpieces that were provided to each dancer in their costume bags should be attached to the right side of the dancer's ponytail using bobby pins that match the dancer's hair color.
- If your dancer's headpiece has a hair elastic attached, wrap the hairpiece around the dancer's ponytail after it has been secured with a hair tie that is not attached to the headpiece.

## Makeup:

- Competition makeup required. *(More details coming soon).*

## Shoes:

- **Jazz:** Well-fitting **tan** jazz shoes that are free of stains, rips, or holes.
- **Tap:** Well-fitting **black** tap shoes that **lace up** that are free of stains, rips or holes.
- **Contemporary:** Will be performing **barefoot** for this performance.

## Tights:

- Specific tight requirements will be determined by the instructor/choreographer.

## Undergarments:

- All dancers **must** wear a nude leotard with clear straps under their costumes for quick changing purposes. Dancers will be changing in their designated dressing rooms, not in the bathrooms.

*Need an item for your dancer's performance? You can purchase the required tights & shoes through our [ONLINE STORE](#)*



# Hip-Hop Hair, Makeup, Shoes & Tights Guide

## Hair:

- Hair should be pulled back in a slicked back low ponytail with a center part that is secured with a hair tie that matches the dancer's hair color.
  - **Need a few tips? Watch this [Low Ponytail Tutorial](#).**
- Headpieces that were provided to each dancer in their costume bags should be attached to the right side of the dancer's ponytail using bobby pins that match the dancer's hair color.
- If your dancer's headpiece has a hair elastic attached, wrap the hairpiece around the dancer's ponytail after it has been secured with a hair tie that is not attached to the headpiece.

## Makeup:

- Competition makeup required. (*More details coming soon*)

## Shoes:

- Plain white sneakers, free of any stains or holes. We recommend purchasing [THESE](#).

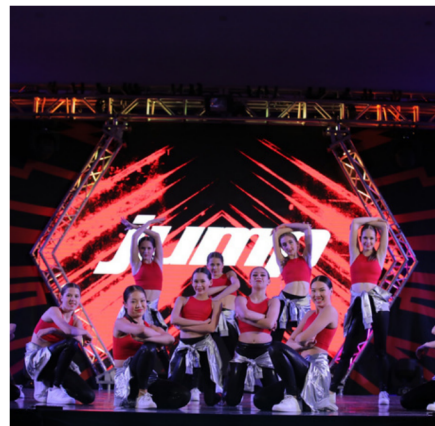
## Tights:

- Hip-Hop dancers will **not** wear tights on stage for this performance.

## Undergarments:

- All dancers **must** wear a nude leotard with clear straps under their costumes for quick changing purposes. Dancers will be changing in their designated dressing rooms not the bathrooms.

*Need an item for your dancer's performance? You can purchase the required tights, shoes, & undergarments through our [ONLINE STORE](#)*



# Competition Piece Hair Makeup, Shoes & Tights

## Guide

### Hair:

- Hair should be worn in the same style that was worn for competition.

### Makeup:

- Competition makeup required.

### Shoes:

- Dancers should wear the same shoes that were worn for competition.

### Tights:

- Dancers should wear the same tights that were worn for competition.

### Undergarments:

- All dancers **must** wear a nude leotard with clear straps under their costumes for quick changing purposes. Dancers will be changing in their designated dressing rooms not the bathrooms.

*Need an item for your dancer's performance? You can purchase the required tights, shoes, & undergarments through our [ONLINE STORE](#)*



## Quick Change Tips

- To easily change tights from ballet to a contemporary style (jazz, contemporary, tap) wear your **tan** tights under your **pink** ballet tights for your ballet performance. This will allow you to easily switch between tights for costume changes.
- Triple check your dance bag for all costume items before leaving for the theater.
- Once you arrive at the theatre make sure all of your costumes, headpieces, and shoes are clearly labeled and organized in a spot where you know they are so that you can easily locate everything.
- Make sure all of your costumes, headpieces, and shoes are in your dressing room and prepped **before** the performance begins.
- Purchase a **nude leotard with clear straps** to wear under each costume so that you can change easily.

***Need an item for your dancer's performance? You can purchase the required tights, shoes, & undergarments through our [ONLINE STORE](#)***

## Costume Care Instructions:

- Costumes may have a distinct smell when you first get them. Feel free to hang them up outside of a garment bag to air them out for a week.
- After airing out, keep costumes hung up and covered with a garment bag and out of sight from younger dancers until ready to perform.
- Have a tutu? Hang it so it is flipped upside down when you are not wearing it to assure it will be beautiful and bouncy when you put it on.
- Keep accessories in a separate labeled baggie attached to hanger to avoid accessories getting lost and/or snagging on costumes.
- Please label all costumes, accessories, and shoes with student's name.
- Never wash your costume in a washing machine.
- We do not recommend washing your costume after use, especially costumes with specialty fabrics such as velvet, satin, sequins and jewels.
- If you get a stain on your costume, address the stain right away.
- Run that specific area under cold water.
- Spot treat the garment with any non-bleach laundry spot treatment.
- If you get a blood stain on your garment, you can use salt and water to gently rub out the stain.

## Recital Day Extras:

### Photo Area:

- We will have a photo area set up for families to take photos after the conclusion of your dancer's performance. We ask that you kindly take photos quickly so that the space can be shared with all of our dance families!

### Flowers:

- Bouquets will be available for pre-order through the DAV website once tickets go on sale! We recommend placing your floral order in advance for easy pickup at your dancer's performance.
- Pre-sale will open when tickets go on sale and will close on **May 11, 2023**.

### Limited Edition Recital T-shirts:

- Recital T-shirts will also be available for pre-order through the DAV website and will be available for pickup at the DAV lobby prior to recital weekend. We will have a limited amount available for purchase at the performance, and we recommend placing a pre-order.
- Pre-sale will open when tickets go on sale and will close on **May 5, 2023**.

### Digital Video:

- DAV has hired a professional videographer to film all five Spring Recital performances (Little Dancer Show 1 & 2, Youth Performance 1 & 2, and the Academy Spring Concert). These videos will be provided to our families **free of charge** via a downloadable link after the performances. Please allow for 1-3 months of editing and processing before receiving your link.

### Recital Pins:

- Don't forget to pick up your dancer's complimentary recital pin! Each year DAV designs and distributes a new recital pin to dancers to commemorate their participation in our Spring Recital!

